

Milwaukee Public Schools  
Wellness and Prevention Office

Human Growth & Development Curriculum  
Kindergarten Lessons

OUTLINE

**Unit 1 - Relationships**

- Lesson 1-Families
- Lesson 2-Friendships

**Unit 2 - Personal Skills**

- Lesson 3-Communication/Emotions
- Lesson 4-Emotions
- Lesson 5-Values
- Lesson 6-Decision Making
- Lesson 7-Communication/Social skills

**Unit 3 - Society & Culture**

- Lesson 8-Cultural diversity & Body Image
- Lesson 9-Violence & Media influences
- Lesson 10-Violence & Media influences

**Unit 4 - Human Development**

- Lesson 11-Anatomy
- Lesson 12-Sexual Abuse

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Grade 1 Lessons

OUTLINE

**Unit 1 - Relationships**

- Lesson 1-Friendships

**Unit 2 - Personal Skills**

- Lesson 2-Communication/Emotions
- Lesson 3-Communication/Emotions
- Lesson 4-Values
- Lesson 5-Decision making
- Lesson 6-Communication/Social skills

**Unit 3 - Society & Culture**

- Lesson 7-Cultural Diversity/Body Image
- Lesson 8-Violence & Media
- Lesson 9-Violence & Media

**Unit 4 - Human Development**

- Lesson 10-Body Image
- Lesson 11-Anatomy
- Lesson 12-Body Privacy

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Grade 2 Lessons

OUTLINE

**Unit 1 - Relationships**

- Lesson 1-Families & Adoption
- Lesson 2-Friendships

**Unit 2 - Society & Culture**

- Lesson 3-Cultural Diversity

**Unit 3 - Personal Skills**

- Lesson 4-Communication & Conflict Resolution
- Lesson 5-Communication & Conflict Resolution
- Lesson 6-Emotions
- Lesson 7-Values
- Lesson 8-Decision making & Refusal skills

**Unit 4 - Human Development**

- Lesson 9-Body Image
- Lesson 10-Anatomy
- Lesson 11-Sexual Abuse

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Grade 3 Lessons

OUTLINE

**Unit 1 - Relationships**

- Lesson 1-Families & Adoption
- Lesson 2-Friendships

**Unit 2 - Society & Culture**

- Lesson 3-Cultural Diversity
- Lesson 4-Media influence & Families

**Unit 3 - Personal Skills**

- Lesson 5-Conflict resolution
- Lesson 6-Emotions
- Lesson 7-Values
- Lesson 8-Decision making & Refusal skills

**Unit 4 - Human Development**

- Lesson 9-Body Image
- Lesson 10-Anatomy
- Lesson 11-Sexual abuse